

### Abstract of the Disclosure

A track jump method for an optical recording/reproducing medium is provided. In the track jump method, once a track jump command is input, a track jump operation is held until a falling edge of a header mask signal is detected. The track jump starts at the falling edge of the header mask signal and ends before a rising edge of the header mask signal so that a TZC signal is not influenced by a header during the track jump. Therefore, the track jump can be exactly and stably performed. In particular, when the track jump command is input, a PLL of a wobble signal is inhibited, and a PLL-wobble signal is held to a previous value obtained before the track jump is performed, during the track jump, or a header mask signal is generated using a read channel signal which is not influenced by a wobble period, until a wobble signal becomes stable after a track jump. During a normal servo, a header mask signal is generated using a PLL-wobble signal to mask a header area. Therefore, a header area coming first after the track jump is completed can be stably masked, thereby preventing a system from being unstable due to a header during the track jump.